

Healthy Default Beverage Ordinance

Promoting Healthy Drinks for Children

The Healthy Drinks for Kids ordinance makes it easier for Longmont residents and visitors to make healthy beverage choices for their children. The policy shifts the choices currently offered on children’s menus from beverages that contain added sugar to water, sparkling water, milk, and non-dairy milk alternatives. The policy is aligned with national trends that support making children’s meals healthier.

Requirements

Offer Only Select Beverage Options

If your facility offers any type of “Children’s Meal” or “Kid’s Menu” that includes a beverage, the default beverage must be one of the following:

- Water, sparkling water, or flavored water (with no added natural or artificial sweeteners)
- Unflavored milk
- A non-dairy milk alternative



Unflavored Milk



Water, Sparkling Water, or Flavored Water
no added natural or artificial sweetener

When a children’s meal is ordered, the beverage offered by waitstaff must be one of the options listed above, unless otherwise requested by the customer.

Use Images of Healthy Beverages

The beverage listed or displayed on the children’s menu must be one of the beverages listed above.

Accommodate Customer Requests

If a customer requests it, restaurants may serve any beverage as a substitute for a kid’s meal default beverage.

